



St. XAVIER'S HIGH SCHOOL

EDUCATION FOR ALL
BANKURA, WEST BENGAL

Affiliated to CBSE (New Delhi) 10+2 Level
Affiliation No.: 2430130
School Code: 15720

STD. – XII (HUM)

SPLIT UP SYLLABUS (2023-24)

SUBJECT- POLITICAL SCIENCE

Month	No. of Working Days	Name of Book	Chapter's No.	Topic	Page No.
APRIL	20	Contemporary World Politics	1.	The End OF BIPOLARITY	17-30
		Politics in India Since Independence	1.	CHALLENGES OF NATION BUILDING	2-25
MAY	15	Contemporary World Politics	2.	CONTEMPORARY CENTRES OF POWER	51-64
JUNE	08	REVISION + PT-I EXAM			
JULY	25	Politics in India Since Independence	2.	ERA OF ONE-PARTY DOMINANCE	26-45
		Contemporary World Politics	3.	COTEMPORARY SOUTH ASIA	65-80
		Contemporary World Politics	4.	INTERNATIONAL RELATIONS	81-98
		Politics in India Since Independence	3.	POLITICS OF PLANNED DEVELOPMENT	46-63
AUGUST	25	Contemporary World Politics	5.	SECURITY IN THE COMTEMPORARY ERA	99-116
		Politics in India Since Independence	4.	INDIA'S EXTERNAL RELATIONS	64-81
SEPTEMBER	15	Contemporary World Politics	6.	ENVIRONMENT AND NATURAL RESOURCES	117-134
		Politics in India Since Independence	5.	CHALLENGES TO AND RESTORATION OF THE CONGRESS SYSTEM	82-101
		REVISION + PT-II EXAM			
OCTOBER	13	Contemporary World Politics	7.	GLOBALISATION	135-145
		Politics in India Since Independence	6.	THE CRISIS OF DEMOCRATIC ORDER	102-127
NOVEMBER	20	REVISION			
		REVISION + PT-III EXAM			
DECEMBER	24	Politics in India Since Independence	7.	REGIONAL ASPIRATIONS	148-171
		Politics in India Since Independence	8.	RECENT DEVELOPMENT IN INDIAN POLITICS	172-183
		REVISION + PREBOARD EXAM			
JANUARY	22	REVISION			
FEBRUARY	22	REVISION + BOARD EXAM			
MARCH	07	BOARD EXAM			

SUBJECT- HISTORY

Month	No. of Working Days	Name of Book	Chapter's No.	Topic	Page No.
APRIL	20	THEMES IN INDIAN HISTORY PART I	1.	Bricks, Beads and Bones The Harappan Civilisation	1-27
MAY	15	THEMES IN INDIAN HISTORY PART I	2.	Kings, Farmers and Towns Early States and Economies (c.600 BCE600 CE)	28-52
JUNE	08	THEMES IN INDIAN HISTORY PART I	3.	Kingship, Caste and class Early Societies (c. 600 BCE 600 CE)	53-81
REVISION + PT-I EXAM					
JULY	25	THEMES IN INDIAN HISTORY PART I	4.	Thinkers, Beliefs and Buildings Cultural Developments (c. 600 BCE 600 CE)	82-114
		THEMES IN INDIAN HISTORY PART II	5.	Through the eyes of Travellers Perceptions of Society (c. tenth to seventeenth centuries)	115-139
AUGUST	25	THEMES IN INDIAN HISTORY PART II	5.	Through the eyes of Travellers Perceptions of Society (c. tenth to seventeenth centuries)	115-139
			6.	Bhakti-Sufi Traditions Changes in Religious Beliefs and Devotional Texts (c. eighth to eighteenth centuries)	140-169
SEPTEMBER	15	THEMES IN INDIAN HISTORY PART II	7.	An Imperial Capital – Vijayanagar (c. fourteenth to sixteenth centuries)	170-195
			8.	Peasants, zamindars and the States Agrarian Society and the Mughal Empire (c. sixteenth-seventeenth centuries)	196-223
		REVISION + PT-II EXAM			
OCTOBER	13	THEMES IN INDIAN HISTORY PART II	8.	Peasants, zamindars and the States Agrarian Society and the Mughal Empire (c. sixteenth-seventeenth centuries)	196-223
NOVEMBER	20	REVISION + PT-III EXAM			
		THEMES IN INDIAN HISTORY PART III	9.	Colonialism and The Countryside Exploring Official Archives	257-287
			10.	Rebels and Raj 1857 Revolt and its Representations	288-315
DECEMBER	24	THEMES IN INDIAN HISTORY PART III	10.	Rebels and Raj 1857 Revolt and its Representations	288-315
			11.	Mahatma Gandhi and the National Movement Civil Disobedience and Beyond	246-375
		REVISION + PREBOARD EXAM			
JANUARY	22	THEMES IN INDIAN HISTORY PART III	12.	Framing of the Constitution The Beginning of a New Era	405-
FEBRUARY	22	REVISION + BOARD EXAM			
MARCH	07	BOARD EXAM			

SUBJECT- GEOGRAPHY

Month	No. of Working Days	Name of Book	Chapter's No.	Topic	Page No.
APRIL	20	Fundamentals of Human Geography	1.	Human Geography	1-7
		India People and Economy	1.	Population distribution, density , growth and composition	1-14
		Fundamentals of Human Geography	2.	The world population- distribution, density and growth	8-16
		India People and Economy	2.	Human settlements	32-39
MAY	15	Fundamentals of Human Geography	3.	Human development	22-30
		India People and Economy	3.	Land resources and agriculture	40-59
		Fundamentals of Human Geography	4.	Primary activities	31-44
JUNE	08	India People and Economy	4.	Water resources	60-71
		Fundamentals of Human Geography	5.	Secondary activities	45-54
		REVISION + PT-I EXAM			
JULY	25	India People and Economy	5.	Mineral and energy resources	72-84
		Fundamentals of Human Geography	6.	Tertiary and quaternary activities	55-64
		India People and Economy	6.	Planning and sustainable development in Indian context	104-112
		Fundamentals of Human Geography	7.	Transport and communication	65-80
		India People and Economy	7.	Transport and communication	113-123
AUGUST	25	Fundamentals of Human Geography	8.	International trade	81-90
		India People and Economy	8.	International trade	124-132
		India People and Economy	5.	Mineral and energy resources	72-84
		Fundamentals of Human Geography	6.	Tertiary and quaternary activities	55-64
		India People and Economy	6.	Planning and sustainable development in Indian context	104-112
SEPTEMBER	15	Practical Work in Geography	1.	Data – its source and compilation	1-12
		REVISION + PT-II EXAM			
OCTOBER	13	Practical Work in Geography	2.	Data processing	13-31
		India People and Economy	9.	Geographical perspective on selective issues and problems	133-143
		REVISION + PT-III EXAM			
NOVEMBER	20	Practical Work in Geography	3.	Graphical representation of data	32-54
		Practical Work in Geography	2.	Data processing	13-31
DECEMBER	24	Practical Work in Geography	4.	Spatial information technology	85-100
		REVISION + PREBOARD EXAM			
JANUARY	22	REVISION			
FEBRUARY	22	REVISION + BOARD EXAM			
MARCH	07	BOARD EXAM			

SUBJECT- ENGLISH

MONTH	NO. OF WORKING DAYS	NAME OF BOOK	CHAPTER'S NO.	TOPIC	PAGE NO.
APRIL	20	FLAMINGO	1	PROSE 1. THE LAST LESSON POETRY: 1. MY MOTHER AT SIXTY SIX	1-12 90-91
		VISTAS	1	THE THIRD LEVEL	1-7
		WRITING SKILLS		NOTICE WRITING EDITORIAL LETTER	
MAY	15	FLAMINGO	2	PROSE LOST SPRING	13-22
		VISTAS	2	THE TIGER KING	8-17
		WRITING SKILLS		JOB APPLICATION LETTER/BIO-DATA WRITING	
JUNE	08	FLAMINGO	3	PROSE DEEP WATER	23-31
		REVISION + PT-I EXAM			
JULY	25	FLAMINGO	4	PROSE THE RATTRAP POETRY: KEEPING QUIET	32-45 95-97
		VISTAS	3	JOURNEY TO THE END OF THE EARTH	18-23
			4.	THE ENEMY	24-47
		WRITING SKILLS		WRITING FORMAL AND INFORMAL INVITATIONS AND REPLIES.	
AUGUST	25	FLAMINGO	5	PROSE INDIGO POETRY: A THING OF BEAUTY	46-56 98-99
		VISTAS	5	ON THE FACE OF IT	56-69
		WRITING SKILLS		ARTICLE WRITING REPORT WRITING	
SEPTEMBER	15	FLAMINGO	6	PROSE POETS AND PANCAKES POETRY: A ROADSIDE SAND	57-67 100-101
			5		
		REVISION + PT-II EXAM			
OCTOBER	13	FLAMINGO	7	PROSE THE INTERVIEW POETRY: AUNT JENIFER'S TIGERS	68-76 103-104
		VISTAS	8	MEMORIES OF CHILDHOOD	93....
NOVEMBER	20	REVISION + PT-III EXAM			
		FLAMINGO	8	PROSE GOING PLACES	77-88
		WRITING SKILLS		REVISION	
DECEMBER	24	FLAMINGO		REVISION	
		VISTAS		REVISION	
		WRITING SKILLS		REVISION	
		REVISION + PREBOARD EXAM			
JANUARY	22	FLAMINGO		REVISION	
		VISTAS		REVISION	
		WRITING SKILLS		REVISION	
FEBRUARY	22	REVISION + BOARD EXAM			
MARCH	07	BOARD EXAM			

SUBJECT- PHYSICAL EDUCATION

MONTH	NO. OF WORKING DAYS	NAME OF BOOK	CHAPTER'S NO.	TOPIC	PAGE NO.
APRIL	20	PHYSICAL EDUCATION	01	FUNCTION OF SPORTS EVENT MANAGEMENT (PLANNING, ORGANISING, STAFFING,DIRECTING AND CONTROLLING)	9
		PHYSICAL EDUCATION	01	VARIOUS COMMITTEES AND THEIR RESPONSIBILITY (PRE, DURING AND POST)	10-12
		PHYSICAL EDUCATION	01	FIXTURES AND IT'S PROCEDURES	
MAY	15		01	FIXTURE, BYE AND SEEDING	13-22
		PHYSICAL EDUCATION	02	COMMON POSTURAL DEFORMITIES	30-32
		PHYSICAL EDUCATION	02	POSTURAL DEFORMITIES AND THEIR CORRECTIVE MEASURES (KNOCK KNEE, FLAT FOOT, ROUNDED SHOULDERS, LORDOSIS, KYPHOSIS) SPECIAL CONSIDERATION, FEMALE ATHLETES TRIAD	33-42
JUNE	08	REVISION + PT-I EXAM			
JULY	25	PHYSICAL EDUCATION	03	YOGA AS PREVENTIVE MEASURE FOR LIFE STYLE DISEASE , OBESITY – PROCEDURE, BENEFITS AND CONTRAINDICATIONS FOR ASANA	50-52
		PHYSICAL EDUCATION	03	DIABETES – PROCEDURE , BENEFITS AND CONTRAINDICATIONS FOR ASANA	52-55
		PHYSICAL EDUCATION		ASTHMA- PROCEDURE, BENEFITS AND CONTRAINDICATIONS FOR ASANA	56-60
			03		
AUGUST	25	PHYSICAL EDUCATION	03	HYPERTENSION – PROCEDURE , BENEFITS AND CONTRAINDICATIONS FOR ASANA	60-69
		PHYSICAL EDUCATION			77-83
			04	PHYSICAL EDUCATION AND SPORTS FOR CWSN ORGANISATION PROMOTING DISABILITY SPORTS	
		PHYSICAL EDUCATION	04	ADVANTAGES OF PHYSICAL ACTIVITIES FOR CWSN AND STRATEGIES TO MAKE PHYSICAL ACTIVITIES ASSESSABLE FOR CWSN	84-87
AUGUST		PHYSICAL EDUCATION	05	SPORTS NUTRITION – MACRO AND MICRO NUTRIENTS: FOOD SOURCE AND FUNCTION, NUTRITIVE AND NON- NUTRITIVE COMPONENTS OF DIET	94-100
SEPTEMBER	15	REVISION + PT-II EXAM			
OCTOBER	13	PHYSICAL EDUCATION	06	TEST AND MEASUREMENT IN SPORTS – FITNESS TEST, SAI KHELO INDIA FITNESS TEST IN SCHOOL, BMR, SENIOR CITIZENS FITNESS TEST	108-117
		PHYSICAL EDUCATION	07	PHYSIOLOGY AND INJURIES IN SPORTS - COMPONENT OF PHYSICAL FITNESS, EFFECT OF EXERCISE ON MUSCULAR SYSTEM, EFFECT OF EXERCISE ON CARDIORESPIRATORY SYSTEM, SPORTS INJURIES -CLASSIFICATION, CAUSES, PREVENTION AND TREATMENT	124-131
		PHYSICAL EDUCATION	08	BIOMECHANICS AND SPORTS -NEWTON'S LAWS OF MOTION AND IT'S APPLICATION IN SPORTS, EQUILIBRIUM -DYNAMIC AND STATIC AND CENTER OF GRAVITY AND IT'S APPLICATION IN SPORTS	148-156
			09	PSYCHOLOGY AND SPORTS -PERSONALITY IT'S DEFINITION AND TYPES, MEANING, CONCEPT AND TYPES OF AGGRESSIONS, PSYCHOLOGICAL ATTRIBUTES IN SPORTS	163-170
NOVEMBER	20	REVISION + PT-III EXAM			
		PHYSICAL EDUCATION	10	TRAINING IN SPORTS – CONCEPT OF TALENT IDENTIFICATION AND TALENT DEVELOPMENT IN SPORTS, INTRODUCTION TO SPORTS TRAINING CYCLE (MICRO ,MESO , MACRO) TYPES AND METHOD TO DEVELOP (STRENGTH, ENDURANCE AND SPEED) , TYPES AND METHOD TO DEVELOP (FLEXIBILITY AND COORDINATIVE ABILITY)	176-189
DECEMBER	24	FULL REVISION + PREBOARD EXAM			
JANUARY	22	FULL REVISION			
FEBRUARY	22	FULL REVISION + BOARD EXAM			
MARCH	07	BOARD EXAM			

SUBJECT- COMPUTER SCIENCE

MONTH	NO. OF WORKING DAYS	NAME OF BOOK	CHAPTER'S NO.	TOPIC	PAGE NO.
APRIL	20	Computer Science With Python	1	Revision Python of Class XI.	
		Computer Science With Python	2	Computational Thinking and Programming – 2 -Revision of Python topics covered in Class XI.	
		Computer Science With Python	3	Functions- Introduction, types of function (built-in functions, functions defined in module, user defined functions)	
MAY	15	Computer Science With Python	3	Functions: creating user defined function, arguments and parameters, default parameters, positional parameters, function returning value(s), flow of execution, scope of a variable (global scope, local scope)	
JUNE	08	REVISION + PT-I EXAM			
JULY	25	Computer Science With Python	4	Exception Handling: Introduction, handling exceptions using try-except-finally blocks	
		Computer Science With Python	5	Data Structure: Stack and its Operations using List, Implementation of stack using list. (Infix to Postfix conversion using Stack, Evaluation of Postfix Expression using Stack.)	
AUGUST	25	Computer Science With Python	6	Data File Handling: Introduction to files, types of files (Text file, Binary file, CSV file), relative and absolute paths. • Text file Operations • Binary file Operations • CSV File Operations	
AUGUST		Computer Science With Python	7	Database Management • Database concepts, • Relational data model • Structured Query Language: SQL Queries based on DDL, DML Commands and Aggregate Functions. • Structured Query Language: Join Operations	
SEPTEMBER	15	REVISION + PT-II EXAM			
OCTOBER	13	Computer Science With Python		Interface of python with an SQL database	
NOVEMBER	20	REVISION + PT-III EXAM			
		Computer Science With Python	8	Computer Networks: Evolution of networking, Data communication terminologies, Transmission media, Network topologies and Network types. Network devices, Network protocol, Introduction to web services	
DECEMBER	24	FULL REVISION + PREBOARD EXAM			
JANUARY	22	FULL REVISION			
FEBRUARY	22	FULL REVISION + BOARD EXAM			
MARCH	07	BOARD EXAM			

SUBJECT- KATHAK (XII)

MONTH	NO. OF WORKING DAYS	TOPIC
APRIL	20	A brief history with other classical dance styles of India.
MAY	15	Basic understanding of the term ABHINAYA and definition of its four aspects : angika, vachika, aharya ,satvika
JUNE	08	REVISION + PT-I EXAM
JULY	25	Acquaintance of the three gharanas of kathak dance (Lucknow, Jaipur, Banaras)
		Rasa: definition and explanation of nine rasas.
AUGUST	25	Knowledge of the following terms: (short note) sangeet, tal, laya, Angahara ,bhramari, lokadharmi, natyadharmi, rasa and bhava.
SEPTEMBER	15	Knowledge of the technical terminology of the dance form. a) Definition of the following: i) Vandana ii) Tihaayi iii) Aamad iv) Toda/Tukraa v) Paran
		REVISION + PT-II EXAM
OCTOBER	13	Knowledge of the technical terminology of the dance form. a) Definition of the following: vi) Chakardar Toda /Tukraa andParan vii) Gatnikas viii) Gatbhaav
		Knowledge of the technical terminology of the dance form.
		b) Knowledge of Theka of Dadra, Kaharwa, Roopak.
		Knowledge of the technical terminology of the dance form. c) Definition of Tali, Khali, Sam, Tihaayi. d) Ability to notate a Tukraa/Toda and Paran.
NOVEMBER	20	REVISION + PT-III EXAM
		Acquaintance with the traditional costumes and makeup
DECEMBER	24	FULL REVISION + PREBOARD EXAM
JANUARY	22	FULL REVISION
FEBRUARY	22	FULL REVISION + BOARD EXAM
MARCH	07	BOARD EXAM

SUBJECT- BENGALI

Month	No. of Working Days	Name of Book	Topic
APRIL	20	Sahitya Charcha	Ke banchay, ke banche – Manik Bandyopadhyay
		Sahitya Charcha	Roopnaraner Kule- RabindraNath Thakur
		Ucchataro Bangla Byakoron	Dhwanitatwa (definition with two examples) a) Apinihiti b) Abhishruti c) Swarasangati d) Swarobhokti
MAY	15	Sahitya Charcha	Amar Bangla - 1. Garo Paharer Niche 2. Chhatir Badole Hati
JUNE	08		REVISION + PT-I EXAM
JULY	25	Sahitya Charcha	Bharatbarsha - Syed Mustafa Siraj
		Sahitya Charcha	Aami Dekhi - Shakti Chattopadhyaya
		Ucchataro Bangla Byakoron	2.Shabdarthotatwa (definition with three examples) a. Orther Utkarsho b. Orther Opokarsho c. Orther Songkochon d. Orther Prosaron
		Ucchataro Bangla Byakoron	Report Reading (News Headline/Focus on main topic in three sentences)
AUGUST	25	Sahitya Charcha	Bhat - Mahasweta Devi
		Sahitya Charcha	Krandanrata Jananir Pashe - Mridul Dasgupta
		Ucchataro Bangla Byakoron	Proverbs and Idioms – Meaning and sentence making (Selected 50 given) .
		Ucchataro Bangla Byakoron	Advertisement Writing (Non classified only)
SEPTEMBER	15	Sahitya Charcha	Amar Bangla -3. Megher Gaye Jelkhana
		Ucchataro Bangla Byakoron	Comprehension
			REVISION + PT-II EXAM
OCTOBER	13	Sahitya Charcha	Drama: Nana Ranger Din (Drama) – Ajitesh Bandyopadhaya
		Sahitya Charcha	Porte Jane Emon Ek Majurer Proshno -Bertolt Brecht (International Poem)
			Amar Bangla -4. Patalpurir Rajye
NOVEMBER	20		REVISION + PT-III EXAM
			FULL REVISION
DECEMBER	24		FULL REVISION + PREBOARD EXAM
JANUARY	22		FULL REVISION
FEBRUARY	22		FULL REVISION + BOARD EXAM
MARCH	07		BOARD EXAM